



## 1. ORGANISATIONAL

### 1.1 Weekend Forecasts

West Coast – Last minute 90 Mile IRB Challenge preparations will be the taste of this coming weekend and the region’s west coast is turning it on perfectly. The swell is dropping throughout the weekend but only from 2.5 down to 1.5m on the Sunday – so still plenty there to play with! Winds are swinging all around the place, SW to NE and everything in between. Luckily winds don’t peak much higher than 10 knots on the Saturday morning, they do however look like they will come back up on Sunday evening. All round a pretty good weekend to be on the water with mostly clear skies right the way through.

Saturday HT: 1407

East Coast – copy and paste from last week I am sorry to say, <1.0m swell with only a 9 sec period, 5-15 knot winds swinging in every direction on the compass. Saturday HT: 1207.

Tune of the Week – it is with great joy that I bring you this week’s TOTY. The very first TOTY way back on Friday 13 May (honourable mention – Freddy Krueger) was the remarkable and wondrous, 1 hour 12 minute soulful mix, ‘How R’ by kiwi musician DJ Cornflake, best found on [Soundcloud](#). To provide a bit of context, the title ‘How R’ is a reference to a colloquial term for ‘how are you’ or ‘how’s it going’, shortened in the way that any good common slang term is. Many moons have come and gone whilst I’ve waited for the next instalment. And with a name like that it is only natural for its successor to share something in the same vein. It is the next instalment in a line of jazzy, relaxed, complex whilst eloquent mixes. This week’s *Tune of the Week* is ‘Ça Va’ by DJ Cornflake. In English, ‘Ça Va’ translates to ‘it goes’, or more commonly ‘how does it go’ or ‘how’s it going’ – oh how different our cultures are... At 1 hour 22 minutes long this will keep you busy for your drive out to the beach this weekend, and what a journey it will be. As noted earlier, I know that there are going to be a few carloads worth of people making the 5+ hour journey up to Ahipara next weekend, I look forward to everyone coming up to tell me how much they enjoyed it, and if you don’t like it, keep it to yourself (kidding, jk... unless?). Groove your way through with the drums, brass, woodwind and everything in between. Best found on [Soundcloud](#).

### 1.2 Staff Absences

Zac Franich & Dan Grant are on leave from 20 September to 5 October and will be at the Lifesaving World Championships coaching the Black Fins and Junior Black Fins respectively. They will be checking emails sporadically. For Events and Participation enquiries, please contact [donal.dray-hogg@lifesaving.org.nz](mailto:donal.dray-hogg@lifesaving.org.nz). For Member Development enquiries, please contact [Talia.comp@lifesaving.org.nz](mailto:Talia.comp@lifesaving.org.nz). For Community Education enquiries, please contact [Tom.Kearney@lifesaving.org.nz](mailto:Tom.Kearney@lifesaving.org.nz). We wish them all the best.

### 1.3 Paid Employment Opportunities Available

- » Surf Life Saving Northern Region Event Lifeguard Supervisor – the SLSNR member services department is looking to grow in the competitive lifesaving space and is on the hunt for a suitable candidate to come on board as the Event Lifeguard Supervisor. This is a fixed term role. For more information please see the position description [here](#), to apply please send through your CV to [donal.drayhogg@lifesaving.org.nz](mailto:donal.drayhogg@lifesaving.org.nz).
- » Paid Lifeguard Service – applications for the iconic and prestigious SLSNR paid lifeguard service close this coming Friday 16 September. For more information and how to apply click [here](#).
- » Community Education Instructors – applications for community education instructors close in a little over a week. For more information and to apply please click [here](#).



**1.4 89th SLSNR Annual General Meeting – Soon Approaching!**

The 2022 SLSNR AGM will be held on Thursday 29 September, commencing at 6:00pm. For more information please contact [matt.williams@lifesaving.org.nz](mailto:matt.williams@lifesaving.org.nz)

**1.5 SLSNZ Youth Board Intern – Applications Open**

The SLSNZ Board is looking for a new Youth Intern. Access the application form, which includes further information about the role, [here](#). Please send completed application forms and a CV to SLSNZ CEO, Paul Dalton via email on [paul.dalton@surflifesaving.org.nz](mailto:paul.dalton@surflifesaving.org.nz)

**1.6 Club Wellbeing Index Rollout**

After being in re-development for the past few seasons, we are excited to announce to SLSNR clubs that an updated Club Wellbeing Index is close to being released. Different from the Lifesaving Capability Matrix, the Club Well-Being Index (CWI) will provide clubs a self-assessment in the following areas: Governance, Building Management, Finance, Membership/Development, Junior Surf and Senior Sport. This will be delivered to clubs in an online format, where relevant board members can complete the sections pertaining to their roles/areas of knowledge. This format aims to make for a quicker and more streamlined process. Once completed, clubs will be engaged by the Member Services team to walk through the results and areas of opportunities.

As mentioned at the CWI Presentation at the September Delegates Meeting, clubs can expect communication regarding this tool in the coming fortnight. For further questions, please contact [Talia.comp@lifesaving.org.nz](mailto:Talia.comp@lifesaving.org.nz).

**1.7 Club Radio Reprogramming Schedule**

The Northern Region Radio network has been upgraded this week meaning all club radios now need to be reprogrammed. Please ensure all of your club radios are present prior to the date that your technician is to visit. Your radios will not work properly until they have been reprogrammed and we don't want to have any missed out.

Please see below the upcoming reprogramming dates for each club and the dedicated contact. For more information please contact [John-Michael.Swannix@lifesaving.org.nz](mailto:John-Michael.Swannix@lifesaving.org.nz)

Date	Morning	Contact	Afternoon	Contact
Mon 19-Sep	Ōrewa	Heather Hilder		
Tue 20-Sep	Red Beach	Harry Mellor		
Wed 21-Sep	Mairangi	Leigh Storey		
Thu 22-Sep	Bethells	James Kendrick		
Fri 23-Sep	United	Leif Neilson	Piha	Paul Newnham
Mon 26-Sep	Karekare	Teresa Harvey		
Tue 27-Sep	Kariaotahi	Rick Schreuder		
Wed 28-Sep	Sunset	Carolyn Edward		
Thu 29-Sep	Raglan	Dennis Amoore		
Fri 30-Sep	Baylys	Ross Gillespie	District	John-Michael S



## 2. LIFESAVING OPERATIONS

### 2.1 Club Captains Breakfast – This Sunday!

We look forward to seeing all of our NR Club Captains this coming Sunday for the annual CC Breakfast. It will be run at the Auckland Marine Rescue Centre starting at 1000. Word on the street is that Bryce has pulled out all the stops for a delicious breakfast including coffee. For more information please contact him on [Bryce.pearce@lifesaving.org.nz](mailto:Bryce.pearce@lifesaving.org.nz).

### 2.2 Intermediate Guard School

The first of the Intermediate Guard Schools for 2022-23 is set to be run at Bethells Beach on the weekend of 5 – 6 November. Applications are now open for both candidates and instructors. For more information about the course please see the SLSNZ website [here](#).

Candidate applications for the 5 – 6 November IGS can be found [here](#).

Instructor applications can be found [here](#).

Applications for both candidates and instructors close Sunday 2 October.

### 2.3 Training & Development – Upcoming Events

This weekend (Saturday 17 September) we have IRB exams being run at Kariaotahi and Muriwai. Next weekend (Saturday 24 September) we have our first large Surf Lifeguard/Patrol Support award exam of the season – this will predominantly feature candidates from Auckland’s east coast clubs. A huge thank you to all of the volunteer examiners for their tireless work.

The region’s west coast Wahine on Water event is being run this coming Sunday (18 September) at Sunset Beach. The event will be ~35 people strong, all the best to all involved!

### 2.4 Surf Lifeguard Manual & Workbook – Updated Resources!

As noted earlier in the year by SLSNZ their education team has been busy reviewing the Surf Lifeguard Award during the 2022 off-season. Stage 1 of the review has been completed as of 1 September they have presented a suite of new surf lifeguard resources, these include a new 2022 Surf Lifeguard Award manual, candidate workbook, instructors resource, examiners manual, theory exam, all of which include updated images. The updated resources can now be accessed on the SLSNZ website [here](#). Hard copies for both the manual and workbook are now available for clubs to purchase via the SLSNZ club shop, which has them in stock.

For clubs that have been instructing new surf lifeguard/patrol support award candidates with the previous manual and workbook, they will still be examined against the previous manual and its content, and complete the theory paper that accompanies that manual. Moving forward, all new candidates will need to be instructed using the new materials, and will be complete the updated theory assessment which accompanies the new resources.

### 2.5 National Lifeguard School

Candidate applications for the 2022-23 National Lifeguard School opened on Thursday 1 September. The National Lifeguard School provides Senior Surf Lifeguards with the skill development, knowledge and further understanding to progress as an Advanced Surf Lifeguard. If a candidate can achieve their Advanced Lifeguard Award, they are among the fittest and most capable lifeguards on the beach. They will have demonstrated highly competent skills in all lifeguarding aspects in a patrol setting. For more information please see the NLS flier from SLSNZ [here](#). Applications close 30 September.



## 2.6 Online Learning – Online Refresher Platform Training

Anina Upton, SLSNZ Online Learning Lead, will be running a 'just in time' session for all club admins and refresher assessors on how to maximise the new LMS to make refreshing our members easy and straightforward on Wednesday 12 October. The session will start at 6:30pm and is available on MS Teams. For more information please contact [joel.ibbs@lifesaving.org.nz](mailto:joel.ibbs@lifesaving.org.nz)

## 2.7 Mass Refresher Days

SLSNR are running two mass refresher days in the coming months. The first being at Auckland's Muriwai Beach on Sunday 16 October, the second at Omaha Beach on Sunday 20 November. The aim of these events is to provide an opportunity for members from different clubs to come together and engage, creating relationships and connections with other clubs that can spill over into our other development areas. These will be flagship events including BBQ, music, spot prizes from our principle sponsors (Yamaha, Toyota Financial Services, and Quiksilver). More information, including the registration links, will be provided in next week's club coms and on our socials. This is not something you want to miss out on! Please direct any questions or queries to [joel.ibbs@lifesaving.org.nz](mailto:joel.ibbs@lifesaving.org.nz).

## 2.8 SAR Roster

<b><u>Search and Rescue Services</u></b> <b><u>September 2022 Roster</u></b>				
<b>Date</b>	<b>SurfCom</b>	<b>Alpha 1</b>	<b>Delta 1 Northern</b> 0800-1800	<b>Delta 1 Northern</b> (After Hours) 1800-0800
<b>Thursday</b> <b>15/09/22</b>	Coastguard	James Lea	John-Michael Swannix	Tara Coe
<b>Friday</b> <b>16/09/22</b>	Coastguard	James Lea	John-Michael Swannix	Nathan Snell
<b>Saturday</b> <b>17/09/22</b>	Coastguard	Reflex-Tasked	Brad Ward-Able	Nathan Snell
<b>Sunday</b> <b>18/09/22</b>	Coastguard	Reflex-Tasked	Dan Short	Tara Coe
<b>Monday</b> <b>19/09/22</b>	Coastguard	James Lea	Joel Ibbs	Alex Taylor
<b>Tuesday</b> <b>20/09/22</b>	Coastguard	James Lea	Joel Ibbs	Brad Ward-Able
<b>Wednesday</b> <b>21/09/22</b>	Coastguard	John-Michael Swannix	Joel Ibbs	Brad Ward-Able
<b>SurfCom &amp; Duty Officers contactable 24/7 via 0800 SAVE LIFE</b>				



### 3. MEMBER SERVICES

#### 3.1 Long Distance Challenge

Entries are now open for the annual Long Distance Challenge to be run on Saturday 15 October at Orewa Beach. The Long Distance Challenge is an annual event designed to give members a chance to get back in the water and dust off the cobwebs ahead of the competition season as well as give a taste of long distance racing ahead of Mount Monster in December. This season we will offer a Short Course event option for our Junior (U13/U14) members, as well as any Senior & Masters members who want to have a go. See more information on this event on our website [here](#).

#### 3.2 Event Lifeguard Applications – Open Now!

The Surf Life Saving Northern Region Event Lifeguard Team provide all of the crucial event safety that is required to make our competitive lifesaving pool and beach events possible. The team is responsible for all events; NR pool, junior and senior events. We're first on the water and last off. If you are keen to travel around the region, stay at different clubs, upskill in different areas and make a whole new group of lifelong friends, be sure to apply now!

Applications are open for new and returning team members, click [here](#) to access the application!

#### 3.3 Surf Official Level 1 Course – Now Available!

Surf Official level 1 courses are now available for the 2022-2023 season! If you or someone at your club is interested in doing the Surf Official Level 1 course we have 2 evening courses locked in on Friday 14 October and Friday 18 November. In order to enrol in the course you will need a SLSNZ member number.

For more information and to enter please email [entries@lifesaving.org.nz](mailto:entries@lifesaving.org.nz).



#### 3.4 Trans-Tasman Tri-Series

The Trans-Tasman Tri-Series is a bi-annual event between SLSNR, NSW Central Coast and NSW Country branches. This Representative event sees each region select teams of 18 members, (3 male/3 female from U17, U19 & Open age groups) to complete a full beach program across three test events.

Selection criteria for this team will be based on the below three events/criteria.

- » Race event, 5th November, Red Beach (info to follow)
- » Auckland All-In, 19th November, Orewa
- » Historic Results

The Whangamata Classic or The Invitational will not be included as selection events as flight details need to be confirmed and finalised by the end of November 2022.

Expressions of interest for coaches, team managers and candidates are still open. They can be found here; [coaches](#), [team managers](#) and [candidates](#). The selection criteria can be found [here](#).

#### 3.5 Content Creators – we want your help!

SLSNR is looking for anyone within our movement that has skills in content creation or event photography to cover our events this season. If this sounds like something you'd be interested to learn more about, please get in touch at [zac.franich@lifesaving.org.nz](mailto:zac.franich@lifesaving.org.nz).



**SURF LIFE SAVING®**  
NORTHERN REGION



Date:

Friday 16 September 2022

**SLSNR CLUB COMS INSTALMENT #67 - 2022**

### 3.6 Intro and Developing Surf Coaching Course

Expressions of Interest are open for Intro & Developing Surf Coaching workshop ahead of the upcoming season.

The Intro to Surf Coaching workshop will cater to anyone with 2 seasons or less of Junior Surf coaching experience with the U10-U12 age-groups. Click [here](#) to register.

The Developing Surf Coaching workshop will cater to anyone with 3 seasons or more of Junior Surf coaching experience, specifically best catering to those working with the U12 & U14 age groups this coming season, whose members will be attending events on the beach. Click [here](#) to register.

Location is TBC and will be dependent upon the responses. Space is limited to 15 per workshop and will be first in, first served. For further questions, please contact [zac.franich@lifesaving.org.nz](mailto:zac.franich@lifesaving.org.nz).

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